



Russia

Saint-Petersburg CoDA Fellowship

local group with all-Russian tasks

Since 1999

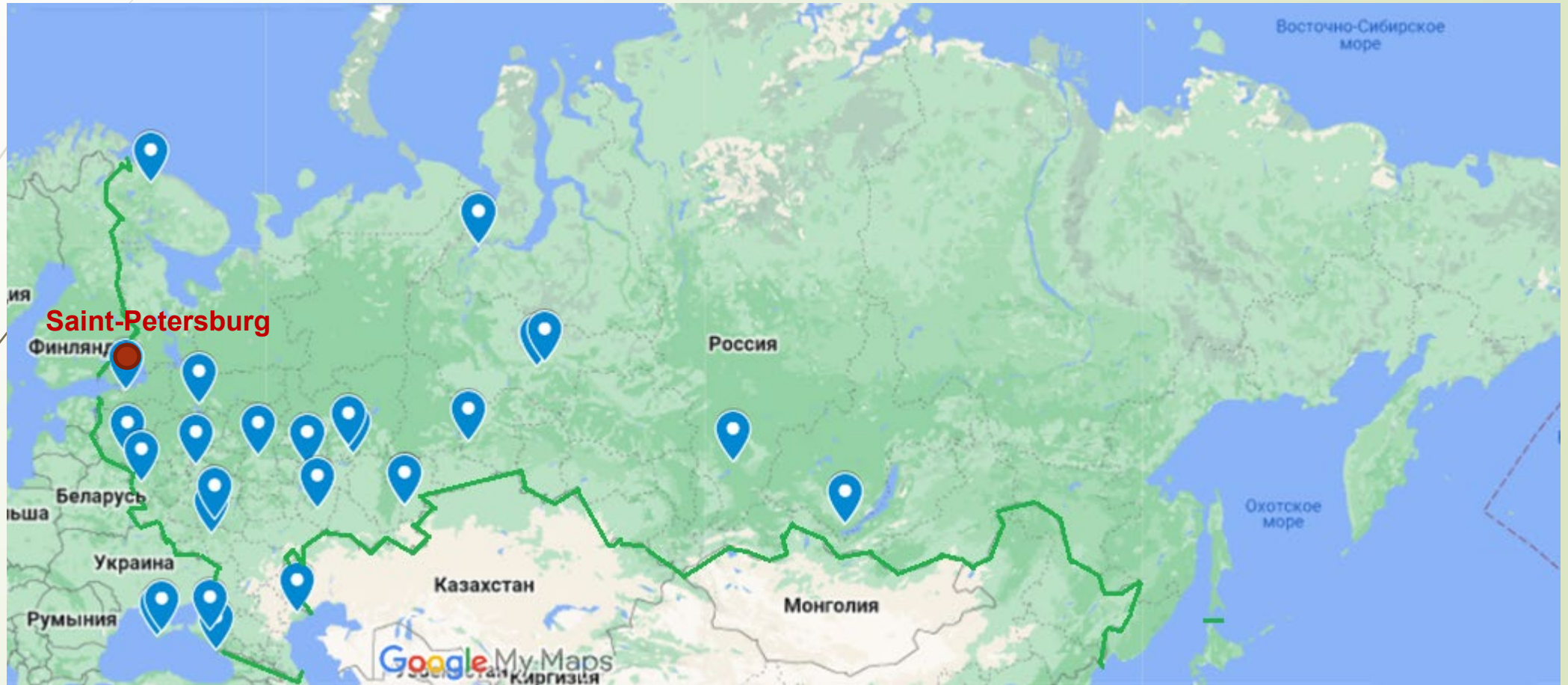
www.coda-spb.ru

coda.spb@mail.ru

Russia



Home Group Meetings



Velikiye Luki, Irkutsk, Kazan, Magnitogorsk, Moscow, Murmansk, Nefteyugansk, Nizhny Novgorod, Salekhard. Samara, St.Petersburg, Sarapul, Sevastopol, Simferopol, Smolensk, Sochi, Tyumen, Cherepovets, Voronezh.

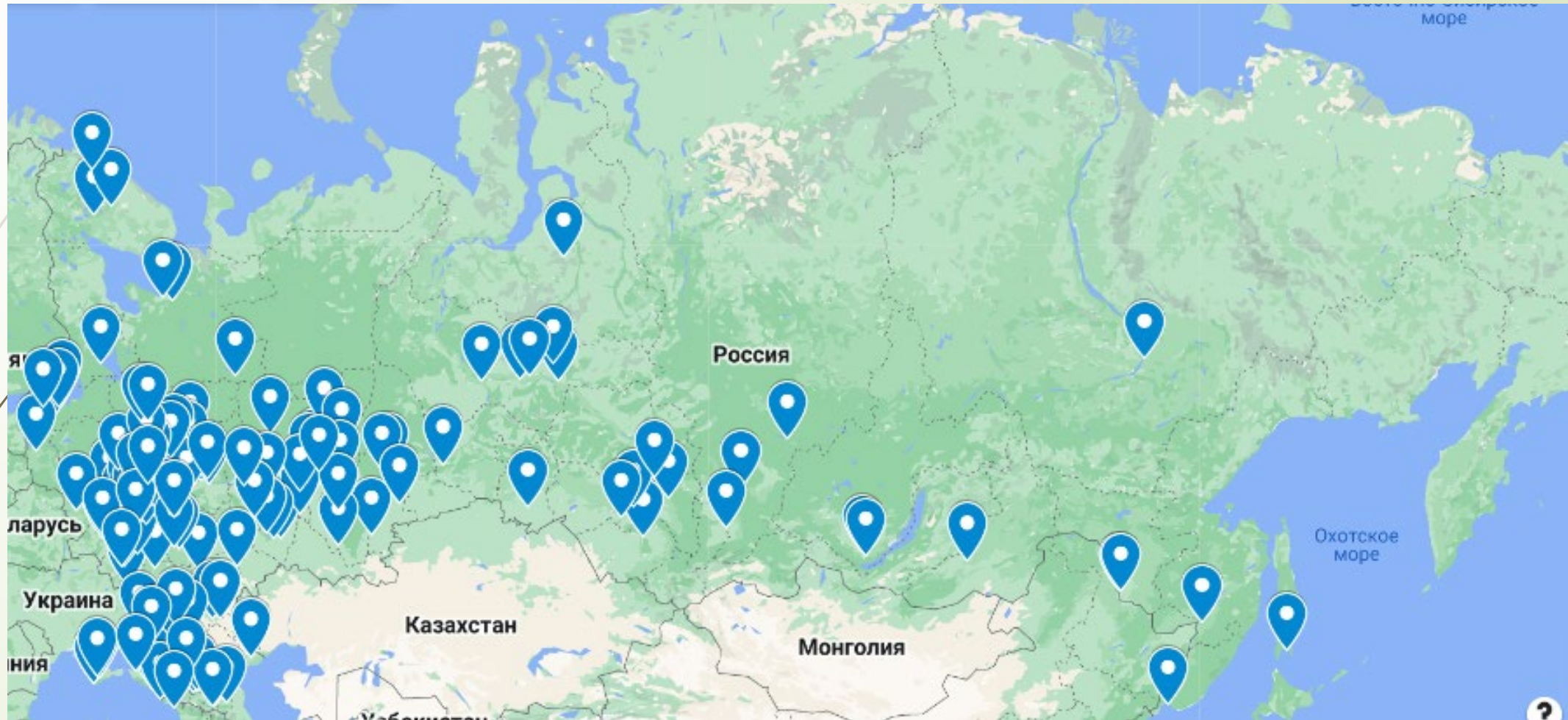


History



- 1999 June - the first CoDA group meeting in Russia was conducted in Saint-Petersburg by an AA member from the United States.
- 2014-2015 - Co-Dependent Anonymous and Twelve Steps & Twelve Traditions were translated to Russian.
- 2018 - first Russian CSC delegate.
- 2022 - CoDA Russia is: 19 cities, 49 face-to-face meetings per week.
- 2022 August – translated and printed in Russian: 4 CoDA books, 7 Handbooks, 8 booklets.

We ship CoDA literature nationwide



157 settlements



Goals of previous year

★ Upgrade web-site www.coda-spb.ru. Done

★ Translate to Russian and print:

- In This Moment Daily Meditation Book,
- Coloring Book "Joy In The Journey. Recover With Color",
- Newcomer Handbook,
- Twelve Steps Handbook,
- Traditionally Speaking: Finding Solutions,
- Common Threads of Codependency,
- Making Choices in Recovery.

Done

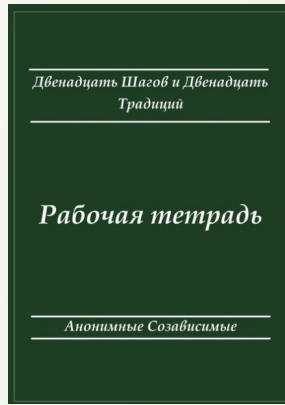
Also:

- Fellowship Service Manual, parts 1-3 – electronically. Done

CoDA literature in Russian



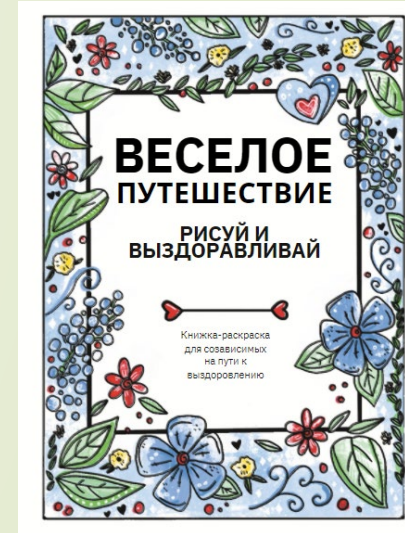
Codependent Anonymous



Workbook Twelve Steps Twelve Traditions



In This Moment Daily Meditation Book



Joy In The Journey. Recover With Color

And **8** booklets:

Am I Codependent?
What is CoDA?
Attending meetings,
Sponsorship in CoDA,
Your first meeting,
Information for professionals,
Communication and Recovery,
Establishing Boundaries in Recovery.



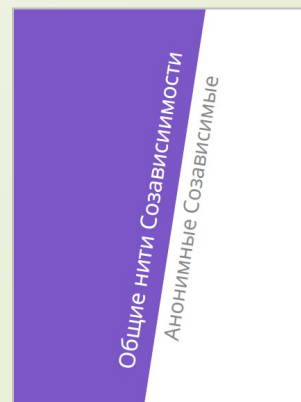
Patterns Of Recovery



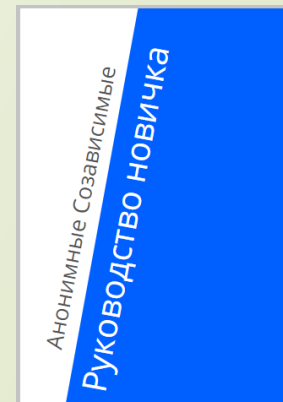
Building CoDA Community Healthy Meetings Matter



Traditionally Speaking: Finding Solutions



Common Threads



Newcomer Handbook



Twelve Steps Handbook



Making Choices In Recovery



Goals for coming year

1. Upgrade CoDA App In Russian.
2. To translate and print new Handbooks and Pamphlets.
3. We would like the CoDA Literature Committee to write a pamphlet or a book about the *Steps, Traditions and Promises of CoDA as a whole*: how Step One Tradition One and Promise One interact between them.

The name of this pamphlet could be for example

"Steps, Traditions, Promises - "3d" recovery of CoDA.



www.coda-spb.ru

e-mail: coda.spb@mail.ru