

Co-Dependents Anonymous

PO BOX 33577, Phoenix, AZ 85067-3577

Application for Board of Trustees of Co-Dependents Anonymous, Inc.

DATE: 7-22-2022

NAME: Katherine T

VOTING ENTITY: ANCoR

ADDRESS:

Arizona

USA

TELEPHONE NUMBERS

EMAIL ADDRESS-

This application is for Board Member

- 1) Describe your current working knowledge of the Twelve Steps and Twelve Traditions, and the CoDA foundational documents, such as the Fellowship Services Manual, By-laws, etc. *I feel very comfortable with the steps, traditions, and foundational documents. The Fellowship Services Manual, Board P & P, and By-laws printed on my desk that I use as a reference on a constant basis. I by no means have them memorized.*
- 2) Why do you want to serve the Fellowship as a member of the Board of Trustees? *Because this program has changed my life, and I have learned that my continued recovery is based on my doing service. Additionally, I want to continue to set an example to those I sponsor.....service is very important, and we need more in the fellowship to step up. I try to lead by example.*
- 3) Describe your service work on Meeting, Intergroup, Voting Entity level, including number of years of service. *I have been in CoDA for 10-11 years. I started doing service at the meeting level at the end of my first year in CoDA, and joined our Intergroup/Voting Entity in my second year of recovery. I became the host liaison to Events my 2-3yrd year and then went to world service working with the Events Committee and serving in multiple roles including Chair and Vice Chair. The last 2 years I was Chair of ANCoR, the Arizona Intergroup after being the Vice, and Outreach Chairs.*
- 4) Describe any personal or professional background that you think would benefit the health of CoDA, such as experience negotiating contracts, general business management, or any other relevant skills. *30 years of Medical Device Sales where I managed a multi-state territory, and negotiated contracts with hospitals. During those years I did many presentations so I feel comfortable using computers, word, excel, power point etc..*
- 5) Share your:
 - a. Experience with the group conscience process. *Very familiar and have been involved at the meeting, committee, Intergroup, and Board level*
 - b. Courage to express yourself, ability to listen, and ability to communicate effectively. *I have learned to be honest with my truth without fear. I do my best to listen to all sides of a discussion using compassion, and do my best to communicate verbally, and by written word.*
 - c. Ability to manage interpersonal differences and accomplish goals as a group member. *I use all my CoDA tool to work through differences. I go to the person first if I am having issues, and if need support I go to my Chair.*

- 6) The job of Trustee has varying time demands. What is your availability? After a year as an Alternate I know first hand there is never enough time, and it is difficult to balance the needed work with life. I have the time to give, and am working to balance life, self-care, and my commitment.
- 7) Please share your vision for CoDA- My vision is to continue to support or foundation through service, and to create processes to support and encourage service at all levels of CoDA. I am committed to this fellowship, and want to use creative means to keep our fellowship strong.
- 8) Please indicate when you last attended a CoDA Service Conference (CSC) including the current year, as either a delegate or trusted servant. Also, explain your understanding and knowledge of the CSC based on your past attendance. Last attended 2021 as facilitator of CSC. After facilitating for 2 years I know the process for CSC very well.
- 9) Please add any additional information you feel may be helpful in the selection process.

NOTES:

Please send your application by email to board@codas.org or mail it to the above address. Refer to "Conference Election Procedures" for details regarding the Election of Trustee at the CoDA Service Conference.

By signing below you are giving permission to post your application to the website excluding identifying information except for your first name with last initial and Voting Entity.

Signature- Katherine T