

Co-Dependents Anonymous

PO BOX 33577, Phoenix, AZ 85067-3577

Application for Board of Trustees of Co-Dependents Anonymous, Inc.

DATE: July 26, 2021

NAME: Liliana R

VOTING ENTITY: CoDA Colombia

ADDRESS

CITY:

STATE: Colombia

ZIP CODE:

PROVINCE:

COUNTRY: Colombia

TELEPHONE NUMBERS: (H)

(W)

FAX

EMAIL ADDRESS

DIRECTIONS: Answer each item below as fully as possible on separate paper. Please type or word-process for legibility.

Do not attach a resume.

- 1) Describe your current working knowledge of the Twelve Steps and Twelve Traditions, and the CODA foundational documents, such as the Fellowship Services Manual, By-laws, etc.
- 2) Why do you want to serve the Fellowship as a member of the Board of Trustees?
- 3) Describe your service work on Meeting, Intergroup, Voting Entity level, including number of years of service.
- 4) Describe any personal or professional background that you think would benefit the health of CODA, such as experience negotiating contracts, general business management, or any other relevant skills.
- 5) Share your:
 - a. Experience with the group conscience process.
 - b. Courage to express yourself, ability to listen, and ability to communicate effectively.
 - c. Ability to manage interpersonal differences and accomplish goals as a group member.
- 6) The job of Trustee has varying time demands. What is your availability?
- 7) Please share your vision for CoDA.
- 8) Please indicate when you last attended a CODA Service Conference (CSC) including the current year, as either a delegate or trusted servant. Also, explain your understanding and knowledge of the CSC based on your past attendance.
- 9) Please add any additional information you feel may be helpful in the selection process.

NOTES:

Please send your application by email to board@codas.org or mail it to the above address. Refer to "Conference Election Procedures" for details regarding the Election of Trustee at the CODA Service Conference.

By signing below you are giving permission to post your application to the website excluding identifying information except for your first name with last initial and Voting Entity.

Signature Libana R

Liliana R

Answer to Questions

- 1) Describe your current working knowledge of the Twelve Steps and Twelve Traditions, and the CoDA foundational documents, such as the Fellowship Services Manual, By-laws, etc.

I have been in CoDA since 2014 and have worked on the Twelve Steps, Twelve Traditions, and the CoDA foundational documents with my sponsor, sponsees, and doing service.

- 2) Why do you want to serve the Fellowship as a member of the Board of Trustees?

I feel a call from HP. I would like to use my skills for the benefit of the fellowship.

- 3) Describe your service work on Meeting, Intergroup, Voting Entity level, including number of years of service.

- I started my service working with one of my first sponsors on translation of CoDA materials from English to Spanish and helping my VE (CoDA Colombia) in the paperwork to be able to take this message and all CoDA materials to all Spanish speaking codependents in Colombia. Then, I served at the CoDA Colombia board as a member of the board and vice president. I served at the CoRe board of trustees with a mandate to keep taking the CoDA message to all those Spanish speaking codependents who still suffer. I have served at different CoDA world committees.

- 4) Describe any personal or professional background that you think would benefit the health of CoDA, such as experience negotiating contracts, general business management, or any other relevant skills.

I have thorough experience negotiating contracts, and have management skills that would be helpful for the fellowship.

- 5) Share your:

- a. Experience with the group conscience process.
 - I am learning to listen more and talk less.
- b. Courage to express yourself, ability to listen, and ability to communicate effectively.
 - I am working with the help of my Higher Power to develop these skills.
- c. Ability to manage interpersonal differences and accomplish goals as a group member.
 - I work on getting agreements departing from a connection with my Higher Power. I work on getting goals respecting myself and others.

- 6) The job of Trustee has varying time demands. What is your availability?

- I will attend the meetings subject to my work and personal commitments.

- 7) Please share your vision for CoDA.

- My vision is to keep this wonderful fellowship growing and taking recovery all over the world.

8) Please indicate when you last attended a CoDA Service Conference (CSC) including the current year, as either a delegate or trusted servant. Also, explain your understanding and knowledge of the CSC based on your past attendance.

- I am an alternate delegate for CoDA Colombia this year. I have attended the conference as a delegate in 2016, 2017 and 2018.

9) Please add any additional information you feel may be helpful in the selection process.

I am working on my recovery. I took almost 2 years of distance from world service and would like to share, build friendships, keep growing in my CoDA program and give service to the fellowship. I have a wonderful sponsor and group of five. Then, I feel that I have all the tools to give back to the fellowship all what I have received from it.

I love CoDA.

In Loving Service,

Liliana R